



Inspiring Community Change

July 2018



SNAP-Ed Nutrition Education and Obesity Prevention Program

Nutrition Education Workshops

Tuesday, July 3rd (English/Spanish)
Friendly Center-North @ 9:00 am-10:00 am
1820 E. Meats Ave., Orange, CA 92866
***For CalFresh information

Tuesday, July 10th (English/Spanish)
Friendly Center-Placentia
@ 9:30 am-11:00 am
900 S. Melrose St.
Placentia, CA 92870

Wednesday, July 18th (English/Spanish)
Delhi Center @ 11:00 am-12:30 pm
505 E. Central Ave. Santa Ana, CA 92707

Wednesday, July 18th (English/Spanish)
Corbin Family Resource Center
@ 4:00 pm -5:30 pm
2215 W. McFadden Ave. Room F.
Santa Ana, CA 92704

Thursday, July 19th (English/Spanish)
Catholic Charities of Orange County
@ 9:00 am-10:00 am
1800 E. 17th St. Santa Ana, CA 92705
***For CalFresh information

Tuesday, July 24th (English/Spanish)
Catholic Charities of Orange County
@ 4:00 pm-5:00 pm
1800 E. 17th St. Santa Ana, CA 92705

Thursday, July 26th (English/Spanish)
Family Oasis-FRC @ 9:00 am-10:30 am
131 W. Midway Dr.
Anaheim, CA 92805
For directions please call: 714-517-7107

Friday, July 27th (English/Spanish)
Doris Cantlay Center @ 11:00 am-12:30 pm
2020 W. Chestnut Ave. Santa Ana, CA 92703

Nutrition Education /Food Pantries

Tuesday, July 3rd
St. Anne Church @ 10:00 am
(Community Center)
1344 S. Main St. Santa Ana, CA
92704

Saturday, July 7th
Christ Cathedral Community Outreach
Program, Diocese of Orange @ 10:00 am
(By the Hope Tower)
13280 Chapman Ave.
Garden Grove, CA 92840

Monday, July 9th
Immaculate Heart of Mary Church
@ 6:00 pm
1100 S. Center St. Santa Ana, CA
92704 (School Hall)

Tuesday, July 10th
Doris Cantlay Center @ 7:30 am
2020 W. Chestnut Ave. Santa Ana,
CA 92703

Tuesday, July 10th
Delhi Center @ 8:45 am
505 E. Central Ave.
Santa Ana, CA 92707

Thursday, July 12th
St. Boniface Church @ 9:30 am
124 N. Resh St. Anaheim, CA 92805

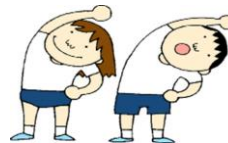
Wednesday, July 18th
Friendly Center-Main @ 9:00 am
147 W. Rose Ave. Orange, CA 92867

Saturday, July 21st
St. Norbert Church @ 12:00 pm
300 E. Taft Ave. Orange, CA 92865

Wednesday, July 25th
La Purísima Church @ 8:30 am
11712 N. Hewes St.
Orange, CA 92865

Please call us to provide you with food distribution information

Feel great and enjoy 30 minutes of Physical Activity after the nutrition workshops!



Wear comfortable clothing and come join us!

Please call for more information and/or to confirm activities

(714) 347-9682 Ana Maria
(714) 347-9678 Jen
(714) 347-9677 Maria
Text us at: (657) 210-1307
Visit us at: www.ccoc.org

Nutrition Matters



The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more ***call Michael Tijerino, CalFresh Specialist at (714) 668-1130 ext. 4. This material was funded by USDA's Supplemental Assistance Program. USDA is an equal opportunity provider and employer.