



WANT TO KNOW
MORE ABOUT



WHAT IT IS

CalFresh Food provides nutrition assistance to low-income families & individuals. CalFresh Food benefits can be used to buy fresh fruits, vegetables, whole grains, lean proteins, and more.

HOW IT WORKS

If eligible, you will be issued an Electronic Benefit Transfer (EBT) card and a Personal Identification Number (PIN). CalFresh Food benefits will be added to your account each month.

TO SEE IF YOU QUALIFY

Email Catholic Charities of Orange County at
calfreshfood@ccoc.org or call/text 714-347-9623
to schedule an appointment

OR APPLY ONLINE AT
www.getcalfresh.org/s/cc-oc

Serving all of Orange County

REQUIRED DOCUMENTATION

FOR EACH HOUSEHOLD MEMBER:

- Photo ID
- Social Security Number
- Income Documentation

For non-U.S. citizens:

Provide a Lawful Permanent Resident card or other proof of immigration status.

TO EXPEDITE THE PROCESS, PLEASE ALSO BRING:

Proof of income: Pay stubs, child support orders, and benefit statements.

Proof of expenses: Utility bills, child care receipts, child support payments, proof of medical expenses for household members who are older adults or disabled

Monthly Income Limits

People in Household	Gross Monthly Income	Net Monthly Income
1	\$2,148	\$1,074
2	\$2,904	\$1,452
3	\$3,660	\$1,830
4	\$4,418	\$2,209
5	\$5,174	\$2,587
6	\$5,930	\$2,965
7	\$6,688	\$3,344
8	\$7,444	\$3,722
Each Additional Member	+\$758	+\$379

Maximum Monthly Allotment

People in Household	Maximum CalFresh Allotment
1	\$250
2	\$459
3	\$658
4	\$835
5	\$992
6	\$1,190
7	\$1,316
8	\$1,504
Each Additional Member	+\$188

PUBLIC CHARGE

- The federal government will no longer consider CalFresh as part of the public charge decision.
- Receiving CalFresh does not affect you from obtaining Legal Permanent Residency or your immigration status. Nor does it affect eligibility for obtaining a Lawful Permanent Residency card (*green card*) or US Citizenship.

