

WE CAN HELP YOU AND YOUR FAMILY TO GET NUTRITIOUS FOOD



The **CalFresh** Program, formerly known as Food Stamps, can add to your food budget to put healthy and nutritious food on the table. Clients who are eligible for this program are issued an EBT (electronic benefits transfer) card which can be used to buy nutritious food from most stores and markets.

Catholic Charities of Orange County helps eligible clients apply for CalFresh benefits through free application assistance workshops held once a month in Santa Ana and Orange.

How do I qualify for CalFresh/Food Stamps?

- At least **one** household member (including children) must be a U.S. Citizen or Legal Permanent Resident and have a Social Security number.
- Your **monthly gross income** has to be less than the amounts shown in the table below:

*Effective 10/1/16--9/30/17	
People in Household	Maximum Gross Monthly Income*
1	\$ 1,980
2	\$ 2,670
3	\$ 3,360
4	\$ 4,050
5	\$ 4,740
6	\$ 5,430
7	\$ 6,122
8	\$ 6,816
Each additional member	\$ 694

If I am receiving SSI/SSP, can I also receive CalFresh benefits?

- **No.** However, your family members may be eligible to receive benefits.

What documents do I present when I apply for CalFresh/Food Stamps benefits?

- Photo I.D. for all adults
- Social Security Card for those who have one (including the children)
- For non-U.S. citizens, bring your Resident Alien Card or other proof of immigration status
- Proof of income: pay stubs, child support, disability, unemployment, retirement, etc.
- Proof of expenses: rent/mortgage receipt, utility bills (electric/gas, heat, telephone, water/sewage/garbage), child care receipts, child support payments, medical bills (households with elderly age 60 or older and or disabled members only)
- Bank statements (checking, savings)

For more information, please contact our CalFresh Specialist:

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